

Photo Credit: Aveda

REV.3/11/2026

PROGRAMS & CAREERS

YOUR EDUCATION

AYURVEDA ESTHETIC

This program combines ancient Ayurvedic principles with modern skincare practices, focusing on natural treatments and personalized regimens tailored to individual doshas. The Ayurveda Body Therapy portion can enhance the skills of licensed estheticians and massage therapists, preparing them for careers in wellness centers and spas.

BARBERING

Master the art of men's grooming through hands-on training in cutting, shaving, styling, and texturizing hair. This program prepares students for state licensure and careers in babershops, salons, and men's grooming studios. Students will also gain skills in product knowledge, guest servicing, safety standards, and personal development under the guidance of licensed instrutors.

COSMETOLOGY

Students learn practical skills in hair, skin, and nail care through immersive, hands-on training. By studying at an Aveda beauty school, cosmetology students adopt a comprehensive beauty philosophy, preparing them to thrive in the dynamic beauty industry and cater to a wide range of client needs.

ESTHIOLOGY

Comprehensive education in skincare, hair removal, facials, and makeup, and specialized techniques to purify, balance, and renew the skin. Graduates will be equipped for successful careers in the beauty industry, emphasizing personalized skincare solutions and exceptional client care.

MASSAGE THERAPY

Learn various massage techniques, anatomy, and client care. Our curriculum emphasizes the therapeutic benefits of massage, promoting relaxation and wellness. Graduates will be prepared for entry-level positions in spas, wellness centers, and healthcare facilities. This program adheres to all ethical guidelines and prepares students for state licensure examinations.

INSTRUCTOR

Aspiring educators are equipped with essential skills in instructional strategies, communication skills, classroom management, and curriculum development through hands-on training and clinic floor observation.

MANICURING

Develop essential skills in nail care, including shaping, polishing, and nail art techniques. This hands-on course prepares graduates for state licensure and entry-level positions in salons and spas, focusing on safety, sanitation, and client satisfaction.

**The Institute of Beauty and Wellness are accredited by The National Accrediting Commission of Career Arts and Sciences (NACCAS).*

YOUR FUTURE CAREER OPPORTUNITIES

DAY SPA

- Massage Therapist
- Ayurveda Esthetician
- Ayurvedic Heath Counselor
- Body Care Specialist
- Spa Therapist
- Spa Director
- Spa Owner
- Private Practice
- Esthetician
- Beauty Sales Representative

SALON

- Hair Stylist
- Barber
- Esthetician
- Makeup Artist
- Manicurist
- Sales Representative
- Hair Coloring Specialist
- Salon Manager
- Salon Owner

EDUCATION & OTHER FIELDS

Education & Other Fields

- Instructor
- Guest Educator
- Wellness Counselor
- State Board Member or Inspector
- Educational Director for a Product Manufacturer
- Consultant/ Trainer
- Paramedical Esthetician
- School Owner
- Freelance Makeup Artist
- Stylist or Makeup Artist for film, theater, fashion, or print
- Massage Therapist at Chiropractic Clinic, Physical Therapy Clinic, Medispa, Destination Spa, or Resort

REV.3/11/2026