ESTHIOLOGY

PROGRAM DESCRIPTION

The program cultivates proficiency in various skills, including facials, waxing, body treatments, and makeup applications. It covers essential aspects such as derma-analysis fundamentals, facial manipulations, equipment operation, and plant Aromaology. By blending theoretical understanding with practical experience, the program ensures that graduates are well-prepared to embark on successful careers as estheticians by also teaching resume writing, interviewing, and job search skills. Additionally, students are equipped to take the state board examination to become licensed estheticians in Illinois

PROGRAM OBJECTIVES

The objective of this program is to prepare students for the State of Illinois licensing examination in Esthiology and to provide appropriate and comprehensive training, thereby enabling them to enter the field. Upon completion, students will have the knowledge of Aveda products and spa techniques and the skills to seek employment as skin care specialists.

INSTRUCTIONAL METHODS

The Institute is committed to providing quality education utilizing a method of instruction that engages all learning styles. Instructional methods include, but are not limited to, theory and lecture, hands-on workshops, clinic floor practice, audio/video presentations and instruction, online research, textbooks, exams and assignments, technical evaluations, salon and spa engagement, and visiting guest educators.

PERFORMANCE STANDARDS

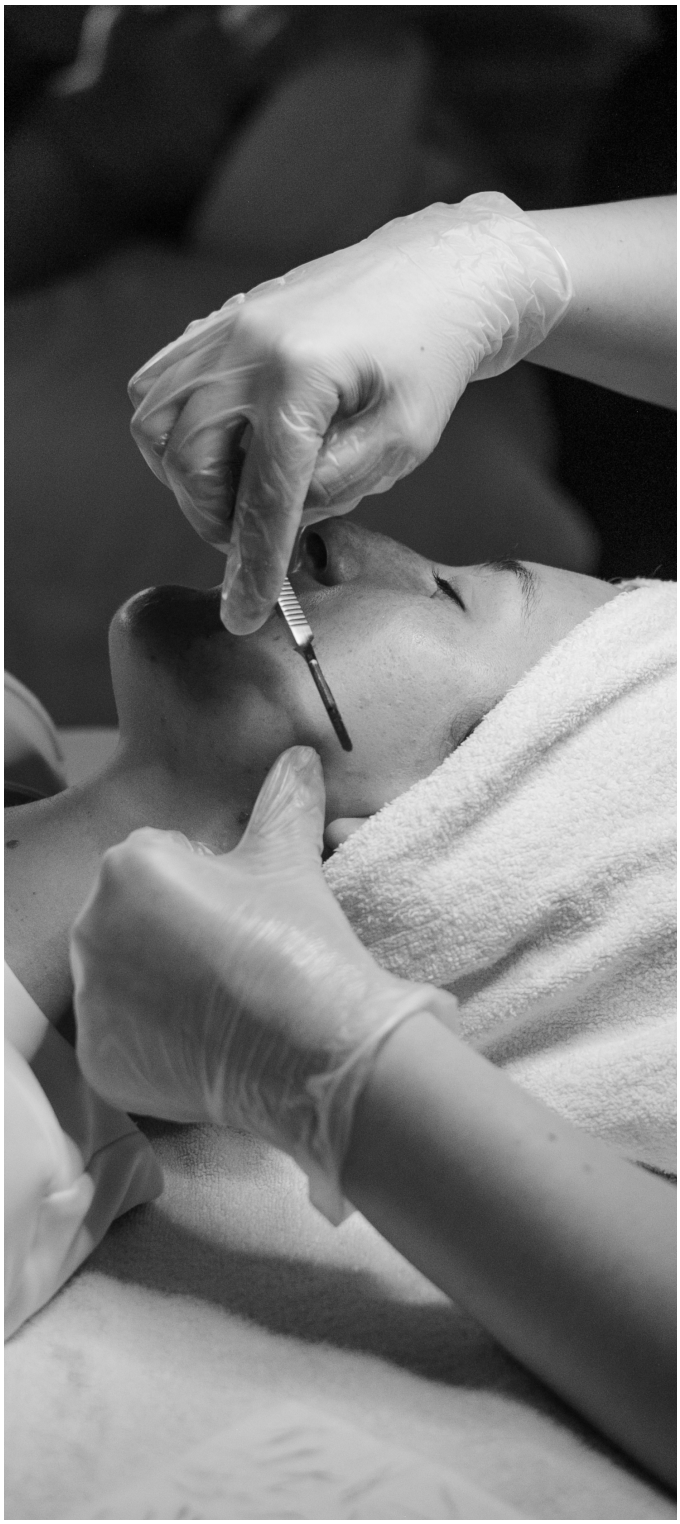
- *Productivity – Producing and achieving high academic and industry-aligned results.*
- *Professionalism – A commitment to act and speak with respect, honesty, and integrity towards others as a student and service provider.*
- *Positivity – The practice and/or approach of being positive or optimistic in attitude.*

STUDENT RESPONSIBILITIES

Students are responsible for their learning, productivity, and academic achievement. Students are responsible for maintaining Satisfactory Academic Progress (SAP):

- *achieve a 90% or higher attendance percentage to graduate.*
- *achieve 80% or a higher grade-point average percentage to graduate.*

Students are responsible for reading The Institute of Beauty and Wellness course catalog standards, policies, and procedures.



Pictured Above: Esthiology Clinic Floor at The Aveda Institute of Beauty and Wellness

REV: 3/11/2026

ESTHIOLOGY

ESTHIOLOGY HOURS BY SUBJECT - 750

Instruction shall be a combination of classroom instruction and hands-on (practical and technical) experience. The minimum subjects and number of hours shall be as follows for each category of training:

750 COURSE HOURS

DAY (FULL-TIME, 22 WEEKS)
Tues-Fri 8:30am-4pm & Sat 9am-4pm

EVENING (PART-TIME, 30 WEEKS)
Mon.-Thur. 4:30pm-9:30pm

ESTHIOLOGY HOURS BY SUBJECT	HOURS
Basic Training - history of skincare, personal hygiene and public health, professional ethics, sterilization and sanitation, introduction to skin analysis and skin care and facial treatments eyelash extensions.	75
Scientific Concepts - cells, metabolism, and body systems, bacteriology, physiology and histology of the skin, human anatomy, chemistry, disorders of the skin, and special procedures.	150
Practices and Procedures - nontherapeutic massage excluding the scalp, nutrition and health of the skin, skin analysis, cleansing the skin, mask therapy and facial treatments, facial treatments with and without the aid of machines, electricity, machines and apparatus, hair removal, professional makeup techniques including eyelash extensions, product knowledge related to esthetics, and facial treatments with the aid of machines.	500
Business Practices – the Act and this Part including sanitary standards, management, and OSHA standards relating to chemical use, Workers Compensation Act	25
TOTAL COURSE HOURS	750 HRS

An esthetics student is not permitted to practice on the public until the successful completion of 75 hours of basic training.

GRADING PROCEDURES

For academic work, students must meet at least 80 percent grade point average to be in good standing and as a condition of graduation. Final written and practical tests must be 80 percent or better. All other assignments and tests' percentages and scales are as follows:

GRADING BREAKDOWN	
Chapter Tests	25%
Student Projects	25%
Mock State Board & Written Exam	25%
Technical Evaluations	25%
Overall	**100%**

GRADING SCALE	
Honor Roll	98-100%
Very Good	94-97%
Good	87-93%
Satisfactory	80-86%
Unsatisfactory	79%-Below

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